

Health History Form

An accurate health history is important to ensure therapy is safe for you. All information collected is confidential. You will be asked for written authorization for release of any information.

Name: _____ Occupation: _____

Home Tel#: _____ Cell#: _____ Age: _____

Home Address: _____

Date of Birth: _____ Email: _____

Family Physician Name: _____ Primary Complaint: _____

Please circle/check any that apply to you.

Cardiovascular

High Blood Pressure	Yes ___ No ___	Pace Maker	Yes ___ No ___
Low Blood Pressure	Yes ___ No ___	Stroke	Yes ___ No ___
Heart Condition	Yes ___ No ___	Please explain _____	

Respiratory

Shortness of breath	Yes ___ No ___	Bronchitis	Yes ___ No ___
Chest Pain	Yes ___ No ___	Emphysema	Yes ___ No ___
Asthma	Yes ___ No ___		

Head / Neck

History of Headache	Yes ___ No ___	Migraines	Yes ___ No ___
Altered Taste	Yes ___ No ___		
Vision Disturbances	Yes ___ No ___		
Hearing Impairment	Yes ___ No ___		

Other Conditions

Diabetes	Yes ___ No ___	Do you take Insulin?	Yes ___ No ___
Dizziness	Yes ___ No ___	Blackouts	Yes ___ No ___
Thyroid Dysfunction	Yes ___ No ___	Kidney Dysfunction	Yes ___ No ___
Liver Dysfunction	Yes ___ No ___	Arthritis	Yes ___ No ___
Cancer	Yes ___ No ___	Osteoporosis	Yes ___ No ___
Epilepsy	Yes ___ No ___	Skin Condition	Yes ___ No ___
Urinary Dysfunction	Yes ___ No ___	Bowel Problem	Yes ___ No ___
Depression	Yes ___ No ___	Anxiety	Yes ___ No ___
Vomiting/Nausea	Yes ___ No ___	Fever/Chills/Sweats	Yes ___ No ___
Recent Infection	Yes ___ No ___		
Allergies	Yes ___ No ___	Please list _____	

Please list past surgeries and dates _____

Please list any other medical conditions _____

Please circle/check any that apply to you.

Infectious Diseases

HIV/AIDS Yes ___ No ___
Hepatitis Yes ___ No ___

Tuberculosis Yes ___ No ___

General Health

Have you had any unexplained weight loss? Yes ___ No ___

Do you have night pain? Yes ___ No ___

Have you ever taken oral steroid medication for more than 2 weeks? (prednisone) Yes ___ No ___

Do you smoke? How many packs per day? Yes ___ No ___ Packs ___

Do you consume alcoholic beverages? Yes ___ No ___

If yes, how many drinks per day? _____

Please list all current medications and dosages: _____

Do you engage in regular exercise? Yes ___ No ___

What type of exercise? Please include duration and frequency _____

Do you engage in recreational activities? Yes ___ No ___

Please list activities _____

Other Health Care

Are you currently receiving any other health care services?

Physiotherapy ___ Massage ___ Chiropractor ___ Other ___

Please tell us what your primary goal of treatment is _____

Signature: _____

Date: _____

Thank you for taking the time to answer this questionnaire.

*****PLEASE DO NOT USE EMAIL TO SEND US CONFIDENTIAL INFORMATION*****